FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

OMB APPROVAL

OMB Number:	3235-0287
Estimated average burden	
l.	0.5

#### Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

10b5-1(c). See Ins	struction 10.			
1. Name and Addres  Anderson Kat  (Last)	thryn Low (First)	(Middle)	2. Issuer Name and Ticker or Trading Symbol     Grove Collaborative Holdings, Inc. [ GROV ]      3. Date of Earliest Transaction (Month/Day/Year)     08/22/2025	S. Relationship of Reporting Person(s) to Issuer (Check all applicable)      X Director 10% Owner Officer (give title Other (specify below) below)
C/O GROVE CO 1301 SANSOMI (Street)		E HLDGS INC	4. If Amendment, Date of Original Filed (Month/Day/Year)	Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person
SAN FRANCISCO	CA	94111		
(City)	(State)	(Zip)		

### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Titl	1. Title of Security (Instr. 3)	Date (Month/Day/Year)		Code (Instr.		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership
				Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(Instr. 4)

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

	1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaci Code (In 8)		Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
- 1	Restricted Stock Units	(1)	08/22/2025		A		112,250		(2)	(3)	Class A Common Stock	112,250	(1)	112,250	D	

#### Explanation of Responses:

- 1. Each restricted stock unit ("RSU") represents a contingent right to receive one share of class A Common Stock
- 2. This award will vest with respect to one-third of the shares on the earlier of May 15, 2026 or the date of the 2026 Annual Meeting of Stockholders, one-third of the shares on the earlier of May 15, 2027 or the date of the 2027 Annual Meeting of Stockholders, and one-third of the shares on the earlier of May 15, 2028 or the date of the 2028 Annual Meeting of Stockholders.
- 3. The RSUs have no expiration date.

/s/ Barbara Wallace, Attorney-in-Fact for Kathryn L. Anderson

08/25/2025

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

The undersigned, as a Section 16 reporting person of Grove Collaborative Holdings, Inc. (the ?Company?), hereby constitutes and appoints Janae De Crescenzo, Scott Giesler, and Barbara Wallace the undersigned's true and lawful attorneys-in-fact to:

- 1. Complete and execute Forms 3, 4 and 5, Forms 144, and other forms and all amendments thereto as such attorneys-in-fact shall in their discretion determine to be required or advisable pursuant to Section 16 of the Securities Exchange Act of 1934 (as amended) (the ?Exchange Act?) and the rules and regulations promulgated thereunder, Rule 144 under the Securities Act of 1933 (as amended) (?Rule 144?), or any successor laws and regulations, as a consequence of the undersigned's ownership, acquisition or disposition of securities of the Company; and
- 2. Do all acts necessary in order to complete and file such forms with the Securities and Exchange Commission, any securities exchange or national association, the Company and such other person or agency as the attorneys-in-fact shall deem appropriate and perform any and all other acts which are necessary or desirable in connection with the foregoing.

The undersigned hereby ratifies and confirms all that said attorneys—in—fact and agents shall do or cause to be done by virtue hereof. The undersigned acknowledges that the foregoing attorneys—in—fact, in serving in such capacity at the request of the undersigned, is not assuming, nor is the Company assuming, any of the undersigned's responsibilities to comply with Section 16 of the Exchange Act.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4 and 5 with respect to the undersigned's holdings of and transactions in securities issued by the Company, unless earlier revoked by the undersigned in a signed writing delivered to the Company and the foregoing attorneys-in-fact.

The undersigned hereby terminates all prior powers of attorney regarding the subject matter hereof.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of August 18, 2025.

Signature: /s/ Kathryn Low Anderson

Name: Kathryn Low Anderson